

A brief history of the **GOVERNMENT GENERAL HOSPITAL KAKINADA**

✓ The Government General Hospital of the present day with a teaching Hospital Status, a bed strength of 915 and facilities for Super Speciality treatment has very humble beginnings. The development can be divided into four major phases - the civil dispensary, lady Havelock maternity hospital, the District Head Quarters Hospital and the teaching Hospital.

THE CIVIL DISPENSARY :

In September, 1856 a Civil Dispensary was started in the Jagannaikpur area on the southern out skirt of the town (the present day A.S.Devi Womens College Premises) under a Committee Management. The private dispensary was taken over by the municipality in the year 1871. The hospital consisted of some scattered huts and was administered by a civil surgeon. In 1904 the District Medical officer's Office was shifted from Rajahmundry to Kakinada. The first steps to expand the hospital were taken in 1908 by the then D.M.O. Capt. D.G.Roy I.M.S who tried for the new buildings of the hospital. In 1918 soon after the first world war a need was felt to upgrade the dispensary as a hospital.

On 1-4-1918 the government took over the reigns of administration. Major A.L.Patoh M.B.B.S., became the first Civil Surgeon and District Medical officer of the hospital. Till 1930 the D.M.O. managed the hospital assisted by two sub assistant surgeons. In 1930 another post of sub assistant surgeon was sanctioned along with a portable X-Ray plant. At that time the total hospital staff consisted of one Assistant surgeon, one lady apothecary, three sub assistant surgeons, four honorary assistant medical officers and ten nurses, in addition to the office staff and attenders. The initial inpatient strength of 25 was raised to 65, with a daily average out patient attendance of 190 in the year 1930.

The Lady Havelock Maternity Hospital :

The Lady Havelock Maternity Hospital was started by the East Godavari District Board in 1895 in the heart of the town (the Present day E.N.T. and ophthalmology block) with a generous donation of Rs. 5000/- by philanthropist Sri Rao Bahadur Badam Venkataratnam of Kakinada. Soon with gracious donation of Maharaja of Pithapuram, a Maternity Hospital was constructed in the adjoining area in 1903. It was opened by His Excellency Lord Amthill the then Governor of Madras on 4-12-1903.

The Government took over the hospital in September, 1926. The site of the present hospital of about 20 acres adjoining the lady Havelock Hospital (Neelamvari Thota) was acquired by the government in 1930.

The original proposal to build the hospital in the old hospital campus though sanctioned by the government didn't materialise. After the acquisition of site adjoining the Lady Havelock Hospital, the construction of the new building was taken up in the year 1936; and completed in the year 1941 at a total cost of Rs. 5,79,700/- against the original estimate of 2 lacks in 1915 due to delay in construction.

The District Head Quarters Hospital :

On 2-12-1941 the new building were declared open by Major H. Stott C.I.E., O.B.E., K.H.S. I.M.S. Surgeon General, Government of Madras. The old hospital in Jagannaikpur was shifted to the new head quarters hospital and the Lady Havelock Hospital was merged with that. The shifting of the hospital from the old to the new buildings was smoothly done under the careful guidance of the then D.M.O. Captain K.M. Ananthan and the Assistant D.M.O. Dr. W.A. Naidu.

A complete X ray apparatus was installed consequent on the construction of the new Hospital buildings in 1941. (The post of a dark room assistant was sanctioned in 1946 and that of radiographer in 1950.)

The bed strength was raised to 185 with a daily average attendance of 600 out patients and 200 in-patients. Till 1943 when a separate Military hospital was formed, the hospital took care of the war Casualties of about 139 patients and the hospital also ran an emergency first aid centre in the A.R.P. (Air Raid Precaution) Room. the present day gyneic special rooms A blood bank was started in 1943 to cater to the needs of the second world war victims with a staff of a compounder a nursing orderly and an attender.

Honorary Medical Officer system which was commenced in Madras in 1923 was extended to the other mofussal institutions in 1926. The system restructured and reorganised in 1937 was also extended to this institution.

The hospital was recognised to train the mid wives in 1945. The bed strength of the hospital which was 210 in 1946, increased to 300 in 1950-51 and to 400 in 1951-52. In the year 1951-52 the bed strength of the hospital was again raised from 400 to 450. The family planning wing was started in 1955 with a Medical officer, a lady assistant surgeon, a social worker and a health Visitor. Under the five year plan scheme training schemes of 30 compounders, 67 pupil nurses and 40 A.N. Ms was sanctioned to the hospital. In addition to the family planning clinic, Dental Clinic, and District Laboratory (which is now shifted to Rajahmundry) were sanctioned.

In 1956 the hospital had one civil surgeon and 11 assistant Surgeons in addition to Assistant D.M.O. Residential Medical officer (R.M.O) and Radiologist. In addition there were 14 Honorary Medical officer in categories of Medicine, Surgery, S.T.D, General ophthalmology, E.N.T., T.B., General-Women, Antenatal and Paediatrics. A cancer therapy unit was sanctioned in 1956 to which the East Godavari District Branch of Andhra Pradesh welfare fund donated Rs. 40,000/- to procure 300 units of Radium. Two physiotherapy trained staff nurses were posted to this hospital in 1956.

The Medical personnel connected with the development of the hospital since the beginning in jagannaikpur include Major A.L. Patoh, Major Shapperd, Major K.N. Rao, Capt. D.G. Roy, Major General H. Stott, Capt. K.M. Ananthan and Dr. W.A. Naidu.

The Rangaraya Medical College :

The dire necessity for expansion of Medical Education to turn out more doctors to cater to the needs of East and West Godavari Districts was keenly felt by the leaders in the Medical Profession endowed with Vision and forethought. A Medical Education Society was founded with Col. D.S. Raju as President and Dr. M. V. Krishna Rao as Director - Secretary on 16 the April, 1958. With the munificent donation of Rs. 5 Lakhs on behalf of Venkatrayudu Memorial Education Trust by Sri Mullapudi Harischandra Prasad and from the donations collected form the General Public, the Rangaraya Medical College was started on 17-11-1958.

The setting up of Medical College accelerated the development of the hospital which took a quantum leap in bed strength and speciality care in addition to the teaching and investigation

facilities. The head quarters hospital was upgraded to a general hospital by the government on 14-10-1959 to serve as a teaching hospital. The head Quarters hospital was shifted to Rajahmundry.

THE GOVERNMENT GENERAL HOSPITAL (TEACHING HOSPITAL)

In keeping with the upgrading of the hospital a process of renovation and reorganisation was taken up. Independent departments of Medicine, Surgery, Obstetrics & Gynaecology, Tuberculosis, Venerology, Dermatology, Dentistry, Oto-Rhino Laryngeology (E.N.T), Anaesthesiology, ophthalmology and Radiology were opened. The ancillary services Blood Bank, Casualty department, General out patient department, Antenatal, Paediatrics were restructured and several posts of Professor, Assistant Professor and Tutors were sanctioned to cope with the teaching and medicare. This Hospital was recognised to provide compulsory rotatory interneer training for the medical students from 1-1-1959.

During the initial years the government spent Rs 1.5 lakhs towards the construction of temporary structures to accommodate 46 Maternity bed and 46 medical beds and a floor area over the kitchen. The out patient block for the obstetrics & gynaecology department donated by the Medical Education Society was opened by Padmasri Dr. H.M. (Miss) LAZARUS on 26-1-1961.

With the generous grants from the government and with the contribution Rs. 5 Lakhs by the Medical Education Society a new out patient building with 3 floors was constructed at a cost of Rs. 25.25 Lakhs in the year 1967 was opened by Sri K.Brahmananda Reddy the then Chief Minister of Andhra Pradesh on 28 th December 1967. An old Choultry building which was existing in the present O.P. Block area was demolished to facilitate the construction. A new choultry building was constructed behind the hospital which accommodates patient attendants at free of cost.

With a donation of 1 Lakh rupees by the East Godavari District Tuberculosis Association in 1958 the District Tuberculosis centre & chest clinic were declared open on 25-4-1961 by Sri. B.Pratap Reddy the then collector of E.G.Dt.

The Medical Education Society constructed huge buildings to accommodate the upcoming departments like Pathology, Clinical Laboratory, Microbiology, Forensic Medicine including a mortuary and a cold storage plant costing about Rs. 13.8 Lacks.)

The total area of the hospital is 9.32 hectares with a building area of 4.81 hectares. The government have accorded sanction for construction of three buildings-two 3 storeyed and one 6 storeyed to accommodate 600 beds, operation theatres and paying rooms at an estimated cost of Rs. 46.2 lakhs. The Medical Education Society, Contributed Rs. 20 lakhs towards the construction of these buildings. The first 3 storeyed building which accommodates the medical units was declared open by His Excellency Khandubhai Desai the then Governor of Andhra Pradesh on 18-8-68 The 3 storeyed Surgical block was opened on 12-12-1969 by Sri R. Ramalingaraju, the then Minister for Endowments Govt. of A.P. The other 6 storeyed building was completed up to 3rd floor level. (the present orthopaedic and cardiology block)

Meanwhile the bed strength of the hospital increased gradually in a phased manner from 450 to 550 and from 550 to 600. Again in the 4th plan the bed strength was increased to 700 and later in 1972 this was increase to 800 (under G.O.Ms. No. 1483 Health dated 16-9-1972). In addition to the 800 General beds the following beds are also provided in this hospital.

General Beds	800	Male	442
National T.B. Control Programme	40	Female	402
Ophthalmic D.K.Rao Chair	10	Children	62
Ophthalmic II Unit	35	MSSR+LSSR	7
Post Partum Centre	20	Prisoners	2
Urban Family welfare Centre	10		
Total Beds	915		915

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The hospital provides out patient care through out patient departments in all specialities between 9 a.m and 12 noon on all week days. The casualty department works round the clock to provide emergency medicare. Resident medical officers in the specialities of medicine, surgery obstetrics, paediatrics and anaesthesia to all the in patients round the clock. In addition other speciality medical officer will provide their services on call.

In addition special clinic for N.G.G.O s is being run regularly on all working days from 5 P.M to 6 P.M. special clinics in the fields of Diabetes, geriatrics, sterility and well baby clinic are being run regularly. An AIDS counselling Centre opened in 1994 attached to the S.T.D Departments. Immunisation Services are being provided through the paediatric department.

On account of great popularity for modern system of medicine among the general public, there has been a considerable increase in the number of patients trying to get relief for their various ailments as shown by the increased number of in patients and out patients treated from year to year at this hospital.

VITAL STATISTICS						
	1968	1975	1980	1985	1990	1995
No of out patients						
New		217360	251213	166267	219866	258604
Old		249053	278628	202981	219637	251207
No. of in patients		22305	26227	27296	269884	26434
No. of operations						
a. Major	3348	5827	5048	4292	4217	5450
b. Minor	11334	17695	14436	19777	14391	9688
c. Emergencies	-	-	-	-	996	1142
No.of Deliveries	2643	2259	2378	3132	2889	3084
No. of Familyplanning operations						
a. Vasectomy	2814	636	691	295	261	150
b. Tubectomy	412	1036	1143	1169	1197	1177

All the inpatients of the hospital will be provided with free diet - four types of diets are supplied by the contractor under the supervision of dietician & C.S.R. M.O.(G.O.M.S. No. 300 Dated 29-6-95)

1. O.I. diet - Rs. 10/- day
2. Bread & Milk - Rs. 10/- day
3. Plain Milk - Rs. 10/- day
4. T.B.N.V. Diet - Rs. 14/- day

In addition to providing medicare, the staff of this hospital have participated in sramadanam programmes on 5-1-96, 1-7-96 & 23-2-97 and also in Janmabhumi programme from 1-1-97 to 7-1-97. The Staff of this hospital are also providing medical services in peripheries during cyclone, floods, Fairs and Festivals and also in epidemics. In addition medical cover is also provided to the V.V.I.P.s during their visit to this district.

villages in the samalkot panchayat. Under the Reorientation of Medical Education (ROME) Scheme three Primary Health Centres -Viz., Karapa, Virava and Rangampet were also covered. This scheme also extended to 6 sub centres.

Since the upgrading of the hospital as a teaching institution the progress of the improvement and development has been phenomenal and is largely due to successive superintendents of the hospital, who bestowed single minded devotion, spared no pains and set the hospital on a firm footing in its onward march for further progress.

SUPERINTENDENTS

FROM

TO

Dr.P.N.Rao, M.D.,	16-10-59	15-5-64
Dr.B.Shanmukheswarrao, M.S.,	16-5-64	7-7-64
Dr.K.Kodanda Ramayya, M.D.,	8-7-64	14-7-65
Dr. B.Shanmukheswarrao, M.S.,	15-7-65*	29-7-65
Dr.K.Suryanarayana, M.D.,	30-7-66	8-4-68
Dr. A.Bhavannarayana rao, M.B.B.S., T.D.D.,	9-4-68	7-8-70
Dr.T.Srinivasarao, M.S.	8-8-70	22-6-72
Dr. (Miss) C.V.Ramani, M.D. DGO.	22-6-72	8-2-74
Dr.N.Venkateswararao, M.S.	8-7-74	31-10-75
Dr.B.Shanmukheswararao, M.S	11-11-75	31-7-76

Additonal. Director Cadre Superintendents.

Dr. L.G.Krishnaiah, M.D., DCH,	26-9-76	31-7-77
Dr.V.Sayanarayana Murthy, M.D.,	3-2-78	21-11-79
Dr.T.Srinivasarao, M.S.,	6-3-80	28-2-83
Dr.C.V.Krishnarao, M.S.,	25-5-83	21-6-85
Dr.N.V.S.Naidu, M.D.,	22-6-85	2-11-85
Dr.V.Ramanamma, M.D.,	13-11-85	31-8-87
Dr. N.V.S.Naidu, M.D.,	1-9-87	31-12-89
Dr.M.Veerabhadrarao, M.D.,	1-1-90	30-7-90
Dr.C.Ramachandraraju, M.D.,	1-8-90	22-8-91
Dr. T.Sarojini, M.D., DGO., FIMSA	23-8-91	30-6-92
Dr. I.Visweswararao, M.D.,	1-7-92	31-10-93
Dr.Daniel Elias, M.D.,	1-2-93	31-10-94
Dr.C.Suryaprakasarao, M.S.,	12-11-93	15-9-94
Dr.J.B.Venkatarao, M.S.,	16-9-91	31-10-94
Dr.D.V.Chalapathi, M.D.,	1-11-94	23-6-95
Dr.T.Ghan Syam Singh Varma, M.S.	24-6-95	31-8-95
Dr.R.Venkataramana, M.S.,	1-9-95	12-12-96
Dr. V.V.Ramarao, M.D.,	13-12-95	Till to date

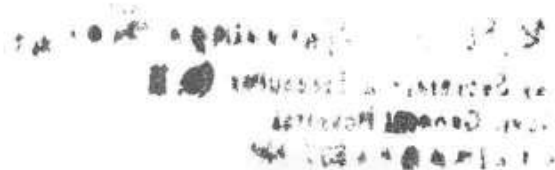
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Staff: The hospital is run by well qualified and experienced staff consisting of civil Surgeons, Diputy Civil Surgeons, Civil Assistant surgeons In addition post graduates, compulsory Rotatory internees (House surgeons) apart from the nurses, Ministerial staff and other categories of employees. The posts of Honorary civil surgeon have been abolished in the year 68-69. This hospital is having 669 staff members working in the above Categories (Excluding C.R.I & P.G. Students) The details of the staff position is given below.

**STAFF POSITION
 GAZETTED**

1. Professors	38
2. Assistant Professors	83
3. Civil Surgeons	1
4. Civil Asst. Surgeons	19
5. Lay Secretary & Treasurer Gr.I	1
6. Lay Secretary & Treasurer Gr.II	1
7. Nursing Superintendent Gr.I	1
8. Nursing Superintendent Gr.II	1
9. Nursing Tutor Gr.I	1
10. Dietician	1
11. Lecturer in Statistics and Demography	1
12. Lecturer in Paediatrics	1
13. Lecturer in Health Education	1
14. Physicist	1
15. Bio-Statistics	1

NON GAZETTED ZONAL CADRE

16. Ministerial Staff	53
17. Head Nurses	39
18. Staff Nurses	152
19. Technical and Para Medical Staff	43
20. Class IV Staff	
(a) M.N.O.s	79
(b) F.N.O.s	39
(c) Gateman and Watchman	22
(d) Sweepers and Thoties	90
	240


 The stamp is circular with the text "GOVERNMENT OF KARNATAKA" around the top and "DEPARTMENT OF HEALTH AND FAMILY WELFARE" around the bottom. In the center, it says "BANGALORE".

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School of Nursing was established on 15th September 1955 by the untiring efforts of Major. Gen. Dr. K.N.Rao. the then D.M.S of Andhra Pradesh with only 26 students and one tutor. Gradually many development have taken place in the structure of this hospital and also in nursing school presently 36 girl students with Intermediate Qualification are being recruited on the basis of merit an reservation for the training. During the 3 years period training they will be paid Rs. 210/- Per month in the first year Rs 230/- per month in the 2nd Year and Rs 250/- per month during 3rd year with free accommodation facility. Though the sanctioned admission number is 60 per year is forced to be reduced to 36 per year due to lack of accommodation. This school is staffed with 6 nursing tutors and one public health nurse.

Central Sterile Service Department (C.S.S.D.) was started in 1965 to provide autoclaved intravenous infusions, syringes, saline sets, dressing materials and special sets like, Lumbar puncture, Venesection, Sternal puncture. In the recent years most of the investigations and infusions are being done with sterile disposable sets.

Blood Bank has been restructured and well equipped under the state AIDS control organisation and National AIDS Control Organisation as per the specifications of the drugs and cosmetics Act. The blood bank is one among the few licensed blood banks of the state. The medical officers promote voluntary donation of blood to provide to the needy patients. Recently two special blood bank refrigerators were installed for proper storage of the blood. *a Blood component separation unit established*

Mobile Ophthalmic Unit was provided with vehicle and the surgeons conduct two eye camps every week and major eye camps once in 2 months to provide eye care to the needy patients.

Recent Developments Under special budgetary provisions by the Govt. of A.P. in the year 1993-94 an amount of Rs. 50 Lakhs was sanctioned for purchase of new equipments Like Video endoscopy computerised treadmill, striker saw, electrical dermoabraser, Co2 Lazer, Ventilators, modern anaesthesia machines, pulse oximeter, defibrillators bed side monitors.

Under the Notional programme for control of blindness latest equipment like operating ophthalmic microscope modern split lamps, eyeball scanners vitrectomy apparatus, koratometer computerised refractometer and lensometer were provided by the Govt. of India. In 1994-95 Rs. 21 Lakhs was provided for purchase of equipment and repairs An amount of Rs. 8, 74, 870/- was sanctioned for repairs and maintenance of the hospital beds, furniture and other materials in the year 1995-96. In Nov' 96 with the cyclone relief fund about Rs. 5 Lakhs worth of medicines were purchased and Rs. 1 Lakh was spent towards the purchase of orthopaedic instruments.

The **hospital development society** has been registered on 6-7-1996 with a view to procuring funds for the development of this hospital from the generous public, philanthropists and voluntary organisations.

Future Requirements of this Hospital

1. New Buildings : Many Speciality departments are added with out increasing the floor space. Hence separate buildings are necessary to accommodate (a) Intensive Medical care unit (I.M.C.U) (b) Traumatology unit (c) Communicable diseases unit (d) Plastic surgery inclusive of air conditioned burns ward. (e) Cardiology unit (f) Cardio thoracic surgery department (g) Urology and Nephrology (h) Neurology and Neuro surgery (i) Paediatric surgery (j) Gastro enterology (k) casualty departments.

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The Radiology department was further equipped with 100 MA, 500 MA; M.M.R. and portable X ray units. A cobalt therapy unit was started in 1979 and it served for nearly 10 years. This radio therapy unit has been functioning under a Radiotherapist form 15-11-1983. An ultra sound scanner (RT 3000) was installed on 7.3.1987.

Physiotherapy, Audiometry equipments and many more appliances, scores of instruments, ancillary equipment were acquired by the hospital by the generous contribution from the Medical Education Society.

The Cardiology department started in the year 1976 saw rapid development and is one of the best in the state with central Oxygen, treadmill, Telemetry, Echo, Defibrillators and monitors with central monitoring were set up on 9-9-1977 with funds to the tune of Rs. 1.77 lacks collected through benefit show and by donation from individuals.

A tuberculosis ward of 40 beds was constructed very near the hospital in the year 1963. Another ward for 20 beds was constructed in the same premises at a cost of Rs. 49, 000/- contributed by the district and state T.B. Associations. Another ward of 40 beds was constructed in the proximity of the above said T.B wards at the cost of Rs. 1,09, 000/- In the same premises 20 bedded temporary hospitalisation ward for the leprosy patients was constructed which is under the control of district leprosy officer.

A separate post partum ward with well furnished operation theatre was constructed at a cost of Rs. 1,14, 519 and was opened on 20-4-1971 The Students canteen extension building was constructed in 1980 and was declared open by Dr. T.Srinivasan the then Principal Rangaraya Medical College Kakinada. Power cuts became common in early eighties and a generator with 70 K.V. capacity was installed in 1981. It is covering the O.P buildings, operation theatres & emergency wards.

This teaching hospital has been providing training for sanitary Inspector's course since 1977 and Laboratory technician's and Laboratory attendants training since 1979. Since 1982 the college has been imparting training in science subjects for the in-service nurses who have completed their intermediate course in arts so as to enable them to appear for the intermediate examination in physical and biological sciences to get eligibility for admission to B.Sc Nursing course.

Medical Training :

Since 1958 the number of students admitted every year to the Medical College was 100. It was increased to 125 in 1962 and during Chinese aggression the number was raised to 150. In 1974 according to Medical Council of India rules the admissions were limited to 100 a year.

Post graduate diploma courses in Pathology, Paediatrics and obstetrics of Gynaecology were started in 1972. Other P.G degree and diploma course in all the specialities were commenced in 1976.

For the purpose of treatment and for the student training super speciality departments in Neurology Urology, Neuro surgery, Plastic Surgery, Pediatric Surgery Cardio Thoracic Surgery, Gastro enterology were started in this hospital.

With a view to providing rural training to clinical students and internees rural health centre (R.H.C) was created at Gollalamamidada in 1961. The jurisdiction of this R.H.C comprises 12

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2. **Nurses quarters** : The admission rate of 60 student per year is forced to be reduced to 36 per year due to lack of accommodation
 3. **Residential Quarters** : The four quarters constructed Half a century ago are to be demolished and new quarters are to be constructed for the residence of (a) Superintendent (b) Civil Surgeon R.M.O (c) Deputy Civil Surgeon R.M.O (d) Anaesthetist (e) Lady R.M.O (f) Lay Secretary & Treasurer Gr.I and (g) Nursing Superintendent Gr.I
 4. **Special ward rooms** for providing accommodation to the paying cases which are in great demand.
 5. **Air Conditioning of the operation theatres**
 6. **Cobalt Tele therapy unit (Teratron 780 C)** for Providing treatment to the cancer patients.
 7. **New Generator** : for Continuous power supply
 8. **Computerised Telephone Exchange and pagers to all the doctors**
 9. **New Ambulances with monitors and resuscitation equipment**
 10. **Increase of the hospital regular budget** : for providing medicines to the in and out patients .
 11. **Mechanised fully automated Laundry** (Menu driven)
 12. **Electrical Incinerator** for the save disposal of infected materials
 13. **Mortuary van**
 14. **Intensive care units** for the better patient care.
 15. **Revision of Staff position**

These are a few requirements of this hospital for providing better medicare to the patients and better teaching to the young doctors. Proposals have been already submitted to the Government for necessary action.

Hospital Day Celebrations

The Hospital Day Celebrations have been a regular feature since late forties to the early sixties. The Hospital Celebrated its centenary in the year 1956 under the able guidance of Dr. K.Chandra Rao M.B.B.S. D.L.O. the then District Medical Officer and Superintendent of this institution in a grand way.

Now Dr. V.V.Rama Rao Addl. Director & Superintendent of Government General Hospital, Kakinada who has been rendering his valuable services since 13-12-1995 is going to retire on 31 March 1997. He revived this tradition and this hospital is going to celebrate its 140th Birth Anniversary under his able guidance.

On an occasion like this, we should offer our salutations to all those who natured this Institution from its inception, to all those who trained the countless medicos and to all those who made it a bright star in our country. The Institution had a noble past. Lest us wish our hospital glorious future and a matchless supremacy.

**LONG LIVE G.G.H
GOD BLESS G.G.H**